

COMPANIONING THE DYING AND THE BEREAVED:

The Miracle of Silence

Have you ever wondered to yourself, "What should I say?" or found yourself avoiding someone in deep pain because, "I don't know what to say?" This workshop explores the challenge of coming alongside someone who is facing end of life loss or who has recently suffered a death in the family and is grieving that loss. It addresses what such a journey looks like and provides insight for those family and professionals who give love and care to those at the "end of life" or in bereavement.

 *Intuitive versus demonstrative emotional style*

 *Listening Skills*

 *What companioning is and is not*

 *The dark journey of the soul*


 *Care or Cure*

 *The tenets of companioning*

This workshop will address both anticipatory grief—looking ahead to an impending loss, the issues of impending loss, the struggle to come to terms with death over time, both for the dying person and the family, and bereavement grief—when a death has occurred.




 *Anticipatory grief is still grief*

 *Anticipatory grief does not preclude bereavement grief*

 *Anticipatory grief is a family/community event*


 *How anticipatory grief affects treatment*

 *How anticipatory grief affects the reality of "end of life"*

 *How anticipatory grief affects the caregiver and patient decision making and treatment collaboration*


We will challenge the notion that, though words have their place and are significant in our connection with others, they are not always required, that silence or "showing up" in someone's pain is often more desirable and even more powerful in bridging the gap between caregiver and patient/grieving friend.

We will look at the effects of loss on the whole person and ask the questions, "Are there stages through which every bereaved individual passes? What can I expect is 'normal' grief? Do men and women grieve differently?"

 *Characteristics of Grief*
· Physiological
· Emotional

 *How our emotional style affects how we grieve*

 *Disenfranchised Grief*

 *Anaesthetizing our pain: short term relief vs. long term healing*

 *Empowering the Griever: the myths about stages*



REGISTRATION INFORMATION

This is a one-day workshop, for a total of 6 hours of training in End of Life issues. It provides professionals the opportunity to earn Continuing Education Units, provided they are approved by your organization. You may photocopy this form for multiple registrants.

Name: _____

Address: _____

City: _____ **Code:** _____

Phone: _____

Email: _____

Cost for the 1-day workshop is \$55.00 (including lunch)

Method of Payment: Cash, Cheque, Visa, Mastercard, Interac (on-site).

Mail cheques to: Springfield Funeral Home
2020 Springfield Rd
Kelowna, BC V1Y 5V8

Or call (250) 860 - 7077 to register
Fax: (250) 868 - 3817
contact@springfieldfuneralhome.com

OFFICE USE ONLY

	DATE	AMOUNT	METHOD
PreReg			
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THE PRESENTER

Clair Jantzen has been a Therapist and Educator since 1978. He is employed as a Licensed Funeral Director, Grief Counselor and Celebrant at Springfield Funeral Home in Kelowna, British Columbia. He and his wife Rachel have been married for 30 years; they have a married daughter, a son at home and no pets! He is the author of Tears in a Bottle, Stories of Life and Loss, Trafford 2012.

WHAT THEY'RE SAYING

"I first heard Clair at an Advocis conference and came away so moved that I asked him to be a keynote speaker at our annual Insurance and Estate Planning Conference for top financial advisors. His message was inspiring and well received by all who attended. His delivery was powerful and insightful. He connects with his audience and displays a genuine caring for people."

- Nicole Rustad, BA, CFP, Former Insurance Manager, Investors Group





"As a healthcare worker I often felt inadequate when dealing with patients who were experiencing a grief reaction. This workshop has provided me with a proper understanding of grief and mourning and given me the skills to assist people in a productive manner."

- Val Bobyn RN, Canadian Cancer Society Rotary Lodge

COMPASSION IN THE HARD PLACES

*Companioning the Dying and the Bereaved:
The Miracle of Silence*

A Workshop Designed for:

-  Professionals who work with the dying and the bereaved
-  Funeral service personnel
-  Volunteers serving in palliative care
-  Anyone "walking the road"



Presented by:

Springfield Funeral Home, Ltd & Clair H. Jantzen,
Grief and Loss Therapist, Educator and Author
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Thursday, October 15, 2015
2020 Springfield Rd, Kelowna, BC

Registration 8:30 am

Seminar 9:00 am – 4:00 pm (lunch is included)